

BIKING AROUND THE CITY

Road Hazards?

City of La Quinta – Public Works (760) 777-7075 City of Indian Wells - Public Works (760) 776-0237 City of Indio - Road Hazard Hotline (760) 391-4017 City of Palm Desert - Public Works (760) 776-6450 Cal Trans Hwy 111 (800) 427-7623

Useful Numbers

Sunline Transit Company (760) 343-3456 La Quinta Sheriff's Station (760) 863-8990 Coachella Valley Water District (760) 398-2651

For More Information

Bike Maps can be obtained at City Hall or on our website at: www.PlayInLaQuinta.com. Other downloadable maps include: Art in Public Places Map, Hiking Map, and Historical Map and can be found at www.la-quinta.org.

EMERGENCY 911

PARK & RECREATION INFORMATION

Have Questions?

La Quinta Community Resources (760) 777-7000 La Quinta Police (760) 863-8990 51-351 Avenida Bermudas County of Riverside (Lake Cahuilla) (800) 234-7275 Desert Recreation District (760) 347-3484 La Quinta Soccer (AYSO) (760) 345-2976 La Quinta Baseball (LQSYA) (760) 969-0444

Santa Rosa & San Jacinto Mountains National Monument Visitor Center (760) 862-9984 Coachella Valley Water District (760) 398-2651 Imperial Irrigation District (760) 482-9600

Plan Your Event.

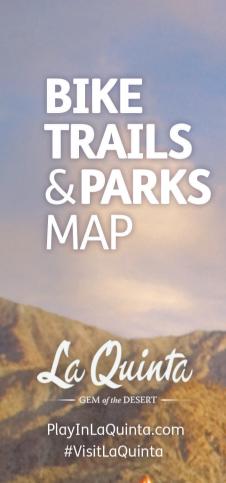
For more information or to plan your next event at one of La Quinta's scenic parks please visit www.PlayInLaQuinta.com











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|---|---|----------------------|--------|--------|--------|-------------|----------------------------|----------|------------|----------|----------------------|--------|------------|----------|---------|--|--|
| | FACILITIES (GI | CREAGE S MEASURED |) BARR | ECUE | FIELDS | E BALL CHIL | DREN'S PI | CTABLE | ROOMS | ERFIELD | MINGPO | SPICKL | LEBALL CO. | ER FEATL | RE BIKE | RACK COMMEN'S | |
| | 1. Adams Park | 3.5 | | | | 414 | 7 | | | | | ħ | <u>æ</u> | 14 | | | |
| | 2. Bear Creek Trail | 4.75 | | | | | 平 | | | | | 析 | | 14 | M | | |
| | 3. Civic Center Campus | 17.5 | | | | | Æ | | | | | ħ | 36 | 14 | | | |
| | 4. Cove Oasis Trailhead | 114 | | | | | Æ | | | | | 广 | | 14 | M | | |
| | 5. Desert Pride Park | 1 | | | | 414 | Д. | | | | | | | 14 | | | |
| | 6. Eisenhower Park | 0.5 | | | | 414 | Æ | | | | | | | 14 | | | |
| | 7. Fritz Burns Park | 12 | 9 | | | 414 | Д. | * | | £ | P | | 36 | 14 | M | Skate Park Dog Park | |
| | 8. Fred Wolff Nature Preserve | 19 | | | | | | | | | | | | 14 | M | | |
| | 9. La Quinta Library | 20.000 sf | | | | | | * | | | | | | 14 | M | | |
| | 10. La <mark>Quinta Museum</mark> | 9,000 sf | | | | | Д. | Å | | | | | | | | | |
| | 11. La Quinta Park | 18 | # | V | (3) | 414 | Æ | * | ② | | | it | 36 | M | M | Skate Park | |
| | 12. La Quinta Wellness Center | 10,000 sf | 160 | 148 | B. | N/B | Æ | * | | | | | | | | | |
| | 13. Monticello Park | 4 | | | -W | 414 | 八 | | 38 | Date. | | | | 14 | | | |
| | 14. Saguaro Park | .75 | 9) | Title. | | 414 | A | 13 | 1 | 107 | 3 | | | 14 | | | |
| | 15. Seasons Park | 5 | | 100 | 146 | 414 | 4 | 13/6 | Sec. | | | (SIS | 13 | il to | -0000 | Dog Park | |
| | 16. Sports Complex | 16.75 | 81/4 | | | POR S | 工 | * | 1300 | Alle ! | 1.3 | 37 | | 19 | M | CARRY THE | |
| | 17. SilverRock Park | 12.4 | | 1 | · A | 3/67 | | * | | | State of | 18 | | 1 | 24 | 1/6 | |
| | 18. Velasco Park | 0.25 | N | | | 414 | A | | | | 1600 | | 1 | 14 | 100 | 100 May 100 Ma | |
| | 19. Pioneer Park | 2 | N | X. | O.S. | 414 | 4 | 100 | No. | 1 | 500 | | | | SAV | Dog Park | |
| 4 | OTHER FACILITIES | | | | | | | | | | | | | | | | |
| | 20. YMCA Facility | 10,000 sf | 83 | | | 414 | | * | 100 | | 校的 | | No. | 188 | 6 8 | THE SALES | |
| | 21. Boys and Girls Club | 12,000 sf | 9 | | 9 | | | | The second | | (8) | | 2336 | 14 | M | Fitness | |
| 1 | 22. La Quinta Community Center & Park (DRD) | 6.5 | 9 | | 0 | 414 | 7 | * | | | 1 | 广 | | 16 | | W 18-38 | |
| | 23. Lake Cahuilla Regional Park (COUNTY) | 845 | 9 | Ven l | 1986 | 414 | 4 | * | Will. | E | | K | | 16 | 1369 | 1000 | |
| 4 | 24. Santa Rosa National Monument | 271,000 | 1 | | 100 | | 1000 | | 200 | | 508 | ř. | | | 9.88 | No. of Parties | |
| Á | 25. X Park | 2.5 | MI | 10 | | 0 1 | A | * * | 400 | | | 10000 | | (á | | Skate Park | |

PARKS MAKE LIFE BETTER

Benefits to Individuals Parks offer opportunities

Parks offer opportunities to enrich the quality of life for people of all ages and abilities. Children who participate in park activities benefit from a safe and enriching environment. Older adults who participate in a variety of recreational and social activities benefit from connections and interactions fundamental to their vitality.

Benefits to Communities

Parks and recreation programs offer a multitude of opportunities to engage in arts, music and sports. A park can be a symbol of vitality and character and add to the overall quality of life within a community. Parks help recreate nature and offer places for social and cultural exchange. In addition, established parks are the focal point of communities.

Benefits to the Economy

Our parks can strengthen our economy. Families build homes near parks and parks can increase property values. Businesses move into cities after consideration of many factors including recreational opportunities and amenities that increase quality of life for their employees.

Benefits to the Environment

Trees and open space contribute to many of life's essentials – making water clean and safe for drinking, cleaning the air and returning pure oxygen to the atmosphere, and providing habitat for wildlife. Preserving our parks will help build and sustain a healthy, vibrant, growing community.

RULES OF THE ROAD

- It's your responsibility to learn and abide by the local bicycle laws and regulations.
 California requires all children under age 18 to wear a safety helmet. As a bicyclist, you are required to obey the same traffic laws as the driver of a vehicle.
- 2. You are sharing the road with others motorists, pedestrians and other cyclists. Respect their rights, and be tolerant if they infringe on yours.
- **3.** Ride defensively. Don't assume other people on the road know you're there.
- **4.** Look ahead to where you're going and be ready to avoid:
- Vehicles slowing or turning in front of you, entering the road or your lane, or coming up behind you.
- Pedestrians stepping out in front of you.
- Children playing near the road.
- **5.** Never ride with headphones; they mask traffic sounds and sirens, and distract you from concentrating.
- **6.** Never carry a passenger, unless it's a small child wearing an approved helmet and secured in a correctly mounted child carrier.
- **7.** Never carry anything that obstructs your vision or control of the bicycle, or that could become entangled in the moving parts of the bicycle.
- **8.** Never hitch a ride by holding on to another moving vehicle.
- **9.** Don't do stunts, wheelies or jumps; they can cause injury and damage your bike.
- 10. Don't weave through traffic or make any moves that could surprise other people on the road.
- **11.** Never ride your bicycle while under the inffluence of alcohol or drugs.
- **12.** Avoid riding in bad weather, when visibility is obscured, at dusk or in the dark, or when extremely tired. These conditions increase the risk of an accident.
- **13.** Always perform a mechanical safety check of your bike before riding.
- **14.** Be thoroughly familiar with your bike's controls. Know and practice the rules of safe and responsible riding!

ONLINE

For more information regarding Bike Trails & Parks visit www.PlayInLaQuinta.com

Note: Like any sport, bicycling involves risk of injury and damage. By choosing to ride a bicycle, you assume the responsibility for that risk – not the people who sold you the bike, not the people who make it, not the people who distribute it and not the people who manage or maintain the roads or trails you ride on. So you need to know – and practice – the rules of safe and responsible riding.